



**Ramblers' Association
Sussex Area**

**Annual Report
2007-2008**

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The 2007-8 Annual Report

This report is for distribution at the Area AGM at East Dean Village Hall, East Sussex, 2.30pm on Saturday 17th January 2009. A limited number will also be sent to each Sussex Group. It is available on the website www.sussex-ramblers.co.uk or by application with SAE to the address below.

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Area Chairman

1. 2008 has been a strange year for members of Sussex Area in that for the first time in five years we have been without the guiding hand of Nigel Sloan on the tiller as Area Secretary. He was replaced at the AGM by Reg Grigg, a last-minute volunteer from the Crawley area, but for various reasons this appointment has not been very successful and by mutual agreement Reg has decided not to stand for re-election. We would like to thank Reg for his contribution and wish him well for the future. This situation has only just arisen at the time of writing and we shall now seek a suitable replacement but with a fallback position if our recruitment is unsuccessful.

2. It is true to say that this has not assisted the running of the Area and consequently little progress has been made in taking RA projects & aims forward. However we have of necessity had to reflect on our working methods and we are undertaking a review of the role of the Area Council linked with the *modus operandi* of the Area Executive Committee. It is always beneficial to revisit working practices and thus some good has come of this standstill.

3. On a more positive note we are still financially strong and able to offer co-funding of RoW improvements to the relevant authorities whilst stressing their responsibility for day-to-day maintenance. We are encouraged by the work undertaken by East Sussex County Council in surveying fully for the first time in a long-while the overall state of their RoWs and we look forward to working through with them a priority system to bring any failing RoWs up to the required standard. At the same time we continue to work with their counterparts in the West Sussex area to ensure the actual condition of the RoWs reflects their stated availability.

4. I commend once again the work done by all the Area officers without whom the Area would cease to function but as previously I and they would acknowledge that it is you, the members, who carry out the grass-roots work and I would

therefore conclude with a vote of thanks to all of you for your continuing efforts on behalf of the RA.

Mike Charman

Area Secretary

Due to the resignation of the Area Secretary mentioned in the Chairman's Report, there is no report this year but all items of importance that may have been included will have been mentioned by other Officers.

Treasurer's Report

This has been another year in which we have spent less than budgeted. Mainly because the projects envisaged last year did not, in the main, materialise. We spent £550 on East Sussex stiles, contributed £500 to the South Downs campaign and a further £500 to the Glyndebourne enquiry. £1,550 out of a planned £8,150.

The projects now planned are:

- Improvements to the Wealdway 3,000
- Stiles at Herstmonceaux 1,500
- Stiles at Rusper 500

This year we have, again, budgeted to reduce our reserves to roughly £8,000 but that, again, depends on the projects progressing.

The administration costs include printing and distribution of the newsletter. Otherwise, if the projects are excluded, the accounts show a deficit of £2,274 against a budgeted deficit of £4,215. Contributors to this £1,941 gain include Officers expenses (£846), the newsletter (£319) and funding of groups (£451). A full set of audited accounts is available.

During the year we (finally) succeeded in holding a treasurers meeting which was a success and we plan another next year. Budgeting is replacing capitation as the means of funding groups and there is bedding down process taking place. Two groups used budgeting this year and most of the others did a dummy run at it.

As usual, thanks to John le Pla for doing the audit and to the group treasurers for all their work and prompt delivery of the year end numbers.

Abbreviated Accounts for the Year to 30th September 2008

Andy Vines

2007		Actual	Budget
	Income		
13,000	From centre	13,000	13,000
525	Interest	464	250
2,960	Other	26	
16,485	Total Income	13,490	13,250
	Expenditure		
9,177	To Groups	10,049	10,500
4,575	Area administration costs	3,916	4,320
	Designated funds	1,550	8,150
1,729	Expenses for Area Officers	1,799	2,645
15,481	Total Expenditure	17,314	25,615
	Area Funds		
1,004	Surplus / (Deficit) for year	(3,824)	(12,365)
17,419	Fund b/f	18,423	18,423
18,423	Fund at 30th September	14,599	6,058
	Represented by		
18,270	Bank	14,446	5905
	Other		
153	Shares in RA Services	153	153
18,423	Total	14,599	6,058
	How the fund is made up		
10,273	General Fund ⁵	9,599	6,058
8,150	Project Fund	5,000	
18,423		14,599	6,058

East Sussex Area Footpath Secretary

Once again the year has passed by very quickly and left me with little time for my duties as Area Footpath Secretary. Thankfully our willing band of local volunteers continue to work hard in their own patches throughout East Sussex and often help me with other activities too, such as supporting a local campaign to encourage the highway authority to devote more resources to maintaining and improving our wonderful network of paths. Perhaps their efforts are bearing fruit as East Sussex County Council are at last carrying out a full survey of all 2000 miles of rights of way in the county, the first for almost sixty years. A team of four surveyors are expected to take six months to carry out the task and it is hoped that funds will be made available to create a digitalised version of the Definitive Map with up-to-date background data instead of the completely inadequate paper map that the Council has to use for all its rights of way work.

I remain as vice-Chairman of the East Sussex Local Access Forum, although that body has lost some focus following publication of the Rights of Way Improvement Plan. The current aim is to implementing some of the proposals within the Plan, and to that end I am chairing a working group of LAF members. It is hoped that one effect of this will be to revitalise the Forum.

We have been reduced to forty-five Local Footpath Secretaries in East Sussex following the sad death of Mick Burgess from Crowborough and the retirement of long-serving Rotherfield man Jim Sibree. Our Annual Meeting at Chiddingly was not as well attended as the previous year, but we still had some spirited debate about the future of volunteering following a presentation by Des Garrahan from Ramblers' Central Office. Another Training Day was held in October, at Hellingly Village Hall. The focus this time was on practical work, with everyone taking part in one of four walks around some problem paths and then proposing actions that could be taken to resolve them. We were blessed with wonderful weather and everyone gained useful experience.

Meanwhile Central Office has recognised some shortcomings in the induction of rights of way volunteers who undertake work

and are introducing a new training package for them. There will now be a new welcome pack and an Induction Day at Central Office. An inaugural session was held in September and the five most recent East Sussex volunteers attended. All considered it a worthwhile effort that gave them a better idea of the organisation that they are part of and that supports them.

Once again I conclude with a big thank you to all the Local Footpath Secretaries, and with a plea for more Ramblers' members in East Sussex to come forward and do their bit to support the paths that we all enjoy. Remember: no Ramblers' Association volunteers, no paths!

Malcolm McDonnell

West Sussex Area Footpath Secretary

Although in the last year only a few new Local Footpath Secretaries were recruited in West Sussex the number more than offset resignations. In total there are now vacancies in only 19 of the 164 parishes:

Aldingbourne	Amberley	Angmering
Ashhurst	Ashington	Climping
Coldwaltham	Eartham	East Grinstead
Horsted Keynes	Kingston	Littlehampton
Lodsworth	Lyminster	Poling
Rudgewick	Slinfold	West Hoathly
Worthing Borough		

The position is healthy but we must not be complacent as without a active presence in a parish footpath problems which can develop are not highlighted to enable rectifying action to

be instituted. Area Council has asked local Groups to assist with recruiting LFPS to fill the above vacancies.

The owner of Pitshill instituted a High Court challenge to the Inspector's decision not to confirm any of the four Orders relating to paths in the area. The outcome of the challenge was that the Inspector's decision was set aside. Subsequently the owner applied to Chichester District Council for new Orders based upon his interest only the original application had been made both in the owner's and public's interest. Despite the continued opposition from the Ramblers' Association and West Sussex County Council, Chichester DC agreed to make the Orders. Another Public Inquiry will now need to be held.

Half yearly liaison meetings have been held with Councillors and officials from West Sussex County Council. Topics discussed have included

- Concerns over RoW staff being located within Transport Directorate following a reorganisation.
- RA's suggestion to create a circular stile-free walk in Rusper by the insertion of an additional, RA funded, stile.
- The use of the revised enforcement system which is supported by the NFU relating to over-ploughing. A number of farmers had been reminded of their responsibilities with the desired effect.
- The compilation of a revised, comprehensive, definitive, dynamic list of "Unavailable Paths" to facilitate discussions to be held with interested parties to enable appropriate action to be agreed.
- The use of 2008/9 Capital Works Programme and the protocol for RoW maintenance between WSCC and SDJC.
- The early identification of the effect on RoWs by major housing developments.

- The identification of G roads and who had responsibility for their maintenance.
- Progress on path claims relating to Sedgwick Park, nr Horsham, and the Downslink nr Christ's Hospital Station.

Derek Knight

Membership Secretary

Group Membership of Sussex Area at 30 September 2008

Group	Life	Singl e	Joint	Reduce d	Jt Red	Total	Change
Arun-Adur	12	194	167	93	122	588	- 13
Brighton & Hove	9	358	223	126	54	770	+ 32
Heathfield & Distr	4	33	31	29	18	115	0
Mid Sussex	2	184	186	81	70	523	+ 13
Crawley & North Sx	7	67	51	37	29	191	- 29
South West Sussex	7	167	144	118	80	516	+ 1
Beachy Head	4	135	117	74	73	403	- 10
Rother	8	118	135	71	56	388	- 17
High Weald	2	82	109	52	62	307	- 13
Horsham & Billingshurst	4	93	125	61	41	324	- 1
Sussex Young Walkers	0	20	6	1	0	27	+ 5
Unallocated	13	40	36	39	41	169	- 18
Total	72	1491	1330	782	646	4321	- 50

In addition to the Local Groups above, there are twenty-three Affiliated Clubs.

During the past year Central Office have been involved in the installation of a new computer system, which has taken longer than anticipated. The delay has caused problems for membership secretaries, particularly as notification of new members to them has been delayed. They have coped very well in spite of the difficulties.

The number of new members joining through the year has shown an improvement. However, the ongoing concern is the low retention rate after the first year. The initiative by Central Office to telephone new members in the first six months of their membership has been positive, with 67% of those called gift-aiding their subscriptions. The full results of this initiative, with regard to retention, should be available in March 2009.

It has been recognised for some time that new members who pay by direct debit are more likely to renew their membership after the first year. The option is now available to join online with credit or debit card, and in 2009 it should be possible to set a direct debit online.

Anne Parker

Campaign for the South Downs National Park

The South Downs Campaign (SDC) is a network of over 155 organisations that has worked tirelessly for the best possible South Downs National Park (SDNP). As well as the many national conservation, environmental and amenity organisations who are members, there are over 100 local members in Sussex and Hampshire, including a significant number of parish and town councils. The RA was a founder member of the SDC and continues in a leading role, actively supported by RA Sussex and RA Hampshire Area Council's, with many local RA groups as members.

The further public inquiry, mentioned in last year's annual report, closed in June 2008. The SDC brought a great deal of evidence to the re-opened inquiry, including some 84 proofs of evidence. The main bulk of the SDC's energy was focussed on the importance of including the Western Weald in the SDNP and proving it would be wrong in both law and policy to restrict a National Park to a single geological or characteristic type. Substantial evidence was also given on why Ditchling and Lewes should be included.

The 'Final Push' aims to remind the Government how popular the largest possible National Park would be with SDC members and the public at large. Nearly a quarter of a million colour postcards will be distributed, urging supporters to send a very visual message about the SDNP to the Secretary of State (Hilary Benn MP). The key message is the need for a speedy decision and an SDNP that covers the designated boundary area.

The Government's decision on the South Downs National Park is expected by summer 2009, sixty years after the legislation was first passed allowing the creation of National Parks in England and Wales. What could be a more fitting tribute to the SDC's professionalism and hard work over the years than creating a South Downs National Park for the 21st century, that includes the Western Weald, Ditchling and Lewes.

Brian Cheater

Access Report

CAFWS, the West Sussex Countryside Access Forum, set up working parties to look at **major new housing developments** and to try **to influence planners** and developers to incorporate better provision for Rights of Way etc.

Representatives from RA, BHS (British Horse Society) and Sustrans (for cyclists) have been working well together inputting ideas to imminent large-scale housing schemes at East Grinstead, West of Crawley and West of Horsham.

The South Downs Access Forum finally completed and sent to Ordnance Survey its **map of all access land** on the South Downs, originally an RA initiative. New editions of OS maps should reflect this work.

The Sussex Pathwatch scheme to tackle **illegal use of Rights of Way by motorised users** has achieved a 50-70% reduction in its target area of the Downs north of Chichester.

Attempts to spend cash on co-financing of projects (such as **stile-replacement**) with SDJC and WSCC have proved frustratingly unfulfilled.

Due largely to a political spat between WSCC and the SDJC, the work of the South Downs Access Forum was seriously disrupted for half the year. That now appears to be behind us, the Forum has resumed work, but it remains to be seen with what enthusiasm.

WSCC eventually published its **Rights of Way Improvement Plan** and has now asked each of the county sub-forums to review the improvement proposals previously made to try to establish some kind of priority ranking: this is likely to be a very slow process.

As the Sussex RA Groups have shown no interest in developing greater usage of **Access Land** on the Downs, we have not participated in protest actions over the lack of gaps/gates/stiles to give physical reality to the legal rights.

WSCC have been clearing the old railway line west of Christ's Hospital Station with a view to incorporating it into a realigned **Downslink** long-distance bridleway.

Nigel Sloan

Publicity Report

It has been very much a case of running to stand still during the past year. Although we have continued to recruit a reasonable number of new members, this has barely kept pace with the number that fails to renew. (See *Membership Secretary's Report* for more details of this.)

Commencing with the *Festival of Winter Walks* we have had our usual round of opportunities for national and local publicity. However, there have been no significant happenings to attract major media attention; we still await a final decision on the South Downs National Park and legislation to provide comprehensive coastal access.

Mid-January saw the Area AGM at Findon. I always use this occasion for a display to encourage and equip members to take publicity material to use for recruitment purposes. Several members did just this on two occasions, also in West Sussex: first at a meeting, where our Chairman was speaking, in Findon at the end of January; then at the South Downs Campaign Conference and AGM at Midhurst at the beginning of February.

Other opportunities during the year to put on displays have been: the Spring Garden & Leisure Show at Ardingly (4/5 May); the "Green Day" event at Bexhill (31 May); the Brownbread Horse Rescue Centre Open Day at Ashburnham near Battle (14 September); and "Fume Free Friday" in Lewes (19 September). I would like to express my thanks to all who helped with these events, especially those from Mid-Sussex and Rother Groups

One particular highlight for me was the visit to Central Office (14 June) for the Publicity and Recruitment Workshop. There were 15 of us from around the South-East crowded into a meeting room with 3 staff members guiding us through a prepared programme which was frequently departed from. There was lively discussion which I found useful and it was difficult to get a word in edgeways at times! One thing, in particular, which became clear was that literature displays

need to be well presented and strategically placed. Also, there are often opportunities to do a presentation at various clubs and societies.

I have encouraged all members to help distribute recruitment leaflets (3 types): “Share our love of walking ...” for visitors on group walks or other non-members they walk with; the eye-catching title “Trespassing?” (now discontinued) for those more interested in campaigning; and “Walk your way to health” for an obvious target audience. In addition, I updated our “Sussex” contacts leaflets (A5) for distribution; and more recently produced a new 4-colour leaflet (A5) using one of the “Big Feet” cartoon pictures. Entitled “These feet were made for walking”, it explains in a nutshell the rights and responsibilities of ramblers and highway authorities, information on published routes, and reporting problems.

Although not widely subscribed to in Sussex, the RA publication “South East Walker” has recently (autumn 2008) changed its format from a glossy magazine to a more economical newspaper format with a much more reasonable annual subscription of £6. Some groups (as Rother have done) may like to consider having a copy, or two, to pass around. All these and more RA publicity material will be on display (with some to take and use) at the AGM.

If we all make an extra effort to get more people involved with RA activities, then we will ensure that we do not stand still or fall backwards, but walk forward at a steady pace!

John Harmer

Press Officer’s Report

After a very active year last year, I decided to be a little less pro-active and to simply respond to requests from people in the

area to put out press releases. I felt that there was a risk of our press releases simply reflecting what I was interested in or knew about, which is much the same thing. This meant that I put out fewer releases than in 2007. However releases did include:

- A further release on the threat to a path in Hartfield, obstructed by a horse facility;
- Publicity for the RA stall at the South of England Spring Garden and Leisure show.
- A release on a planning application that would have encouraged the further abuse of public footpaths in Boggy Wood Hellingly by motor-cycles.

I remain keen to promote RA activity in the media. I think it is a very good way of boosting membership and getting support for our activities. In at least 2 cases in 2007 press publicity was instrumental in getting or keeping paths open. I try to always respond to requests from people within the area for press publicity, so if you have a footpath or access problem, or have done a particularly interesting walk or activity, or have something to celebrate do get in touch. If you can give me reasonable notice and can supply me with a photograph I will be even happier!

Chris Smith

**The Ramblers' Association, Sussex Area
Minutes of the 32nd Annual General Meeting**

held at Findon Village Hall at 2.30pm on 19 January 2008

1. **Mike Charman, as Chairman**, welcomed eighty Area members, and Justin Cooke from Central Office.

Officers present: Mike Charman, Les Campbell, Nigel Sloan, Andy Vines, Malcolm McDonnell, Derek Knight, John Harmer, Anne Parker.

The Chairman thanked Arun-Adur Group for hosting the meeting, Janice Oakes for organising the venue, Rosemary Prior and her team for the refreshments, and Bob and Joan for leading the morning walk.

2. **Approval of the Minutes of the 31st Annual General Meeting held on 20 January 2007:** The Minutes were approved.

- 2.a **Matters Arising**

“Use Your Paths”: This challenge was now officially over. West Sussex had completed all their paths, and East Sussex had completed a substantial majority of theirs. The Chairman thanked everyone who had taken part in the challenge.

3. **Presentation for approval of Area Annual Report & Accounts for year ending 30/09/07**

Andy Vines explained that we still had £8,000 project money with no allocated use; we need to find appropriate uses for it.

There were no queries on the accounts, and they and the report were accepted unanimously.

4. **Election of Honorary Chairman**

As there were no further nominations, Mike Charman (proposed by Anne Parker and Seconded by Derek Knight) was accepted unanimously.

5. Election of Honorary Area Officers

The Chairman thanked the officers and individual Council members for their work during the year, and mentioned that they are always looking for new members.

<i>Post</i>	<i>Candidate</i>	<i>Proposed by</i>	<i>Seconded by</i>
Vice-Chairman	Les Campbell	Celia Parrott	Tim Baker
Secretary	Reg Grigg	Nigel Sloan	Mike Charman
Treasurer	Andy Vines	Nigel Sloan	Tim Baker
E Sx	Malcolm	Les Campbell	Tim Baker
Footpath Sec	McDonnell		
W Sx	Derek Knight	Anne Parker	Mike Charman
Footpath Sec			
Press Officer	Chris Smith	Nigel Sloan	Anne Heads
Publicity Officer	John Harmer	Felicity Leenders	Ian Fawkner
Membership Sec	Anne Parker	Jan Sander	Anne Heads
Access Officer	Nigel Sloan	Andy Vines	Anne Parker
South Downs Campaign	Brian Cheater	Jan Sander	Brenda Miles
Webmaster	James Mansson	Nigel Sloan	Anne Heads

Chairman proposed that all officers, other than Reg Grigg and Brian Cheater, be voted for “en bloc” : this was accepted and all elected unanimously.

Nigel Sloan, had been our Area Secretary for five years. The Chairman thanked him for all his work, and said Nigel had changed, for the better, the way the job had been done. Nigel was staying on as Access Officer and would be available to advise us.

Reg Grigg had been duly nominated and seconded to take over from Nigel as Area Secretary.

Jan Sander had resigned from the position of South Downs Campaign representative (to Sussex Area Council); he had done an excellent job of reporting to us and keeping us informed about the Campaign.

Brian Cheater, a member of Horsham & Billingshurst, had been duly nominated and seconded to take over from Jan as the new SDC representative.

Reg Grigg and Brian Cheater were elected unanimously.

There was a vacancy for a Minutes Secretary. We had received a volunteer who would like to try out the job at the next Area Council meeting, and would then be co-opted if necessary.

East Sussex and West Sussex Countryside Secretaries: these positions had been vacant for some years. Andrew Lee put himself forward for the job of East Sussex Countryside Secretary, was proposed by Les Campbell, seconded by Malcolm McDonnell, and accepted unanimously.

6. Election of Individual Members of Area Council

No nominations received.

7. Nomination by Affiliated Clubs of representatives on Area Council.

Hailsham Ramblers will be represented by Steve Ripley.

8. Appointment of Independent Financial Examiner

John Le Pla was nominated to continue as Independent Financial Examiner and was approved unanimously.

As there was no further formal business, the Meeting was closed at 2.50pm.

Justin Cooke, currently Head of Freedom to Roam, RA Central Office, addressed the Meeting on the need for coastal access. He explained that the coast has always formed part of what we think of as open countryside, and which we should have a “right to roam”, but contrary to popular belief we have no legal right to walk along the coast. Access, where it does exist, is often uncertain and not based on clear legal rights.

At the last election there was a commitment by the Government included in the manifesto: “Improving access to coastal areas will be an early priority for the Labour third term”. Following this, Natural England (formerly the Countryside Agency) was asked to recommend how best to make good on this promise.

Natural England undertook an extensive two-year research programme, in which RA played an important and full part. RA Central Office and Area Access Officers did great work with finding examples of poor access. In February 2007 Natural England made their recommendations that the Government should create a “coastal corridor” and not use CRow Act or Rights of Way legislation. A brief summary of Natural England recommendations followed:-

- The Government to create new laws to give Natural England the powers to create a “coastal corridor”
- The corridor should open new areas for the public to enjoy on foot, as well as secure access where it already exists
- The corridor should be defined by methodology
- The new access rights should be flexible and capable of being re-aligned automatically with erosion
- Natural England should be given powers to undertake any necessary work on the ground; gates, bridges, signs, etc
- Natural conservation assessments should take place as part of the planning process to avoid damage to sensitive sites
- Access authorities working with Natural England should do a lot of the planning and implementation; where local authorities do not do the work, Natural England will have the powers to step in

- Consultation with local interests, including local access forums and land managers as part of the implementation
- Estimated cost and timescale of £2-£5m per year over a period of ten years

Following Natural England's recommendations, DEFRA (Department for Environment, Food and Rural Affairs) carried out a full public consultation, which ended September 2007. DEFRA recently released its summary of responses and found that 85% of respondents backed Option 4, which is Natural England's "coastal corridor", and which will require new primary legislation.

Justin explained that many organisations, such as National Trust and RSPB, support the creation of a coastal corridor.

There followed questions and discussion on this subject, and covered liability for accidents, planning applications, classification of paths, urban areas, bridge building.

Derek Knight thanked Justin for his thought provoking and interesting talk.

There followed an Open Forum on the Coastal Corridor and other matters.

- a) How MOD grounds would be affected by the Coastal Corridor – Justin advised that these would be looked at individually, taking into account the training needs of the MOD;
- b) Bridges and safe crossing – it was agreed that these would be a drain on the monies available, and there may be gaps awaiting funding;
- c) Diamond Way – East Sussex have produced a leaflet for their section of the way, but West Sussex have not;
- d) Project Money available at Area – these projects could cover things such as stile replacement or drinking water taps along SDW. No suggestions yet forthcoming;
- e) John Harmer asked representatives to take the available leaflets for their groups, and let him have stationery requirements. He also mentioned that the South Downs

Campaign Conference is to be held at Midhurst on 2 February, and there was an opportunity for an RA display stall – help was requested.

Excellent refreshments were served at this point, followed by a film of “The Sussex Diamond Way” which had been produced by the Mid Sussex Group.

Time for some arm-twisting?

Look at the people sitting either side of you. Do you know them? Are they passionate about the aims of the RA? Can they read & write? Can they argue cogently? If the answer is yes to any one of these questions, why don't you twist their arms to help out with the running of Sussex Area? We are always in need of fresh ideas, fresh energies. There is always a wide variety of tasks to be done, to suit individual interests, abilities and time-commitments. If the answer is no, try the people in front of and behind you!

Work at Area level is significantly different from that at Group level. Area does not organise walks, coach-rambles, week-ends away, stile-building or nettle-bashing. What Area does do is act as a thorn in the side of our Local Authorities ESCC, WSCC and the SDJC, to make sure they do their legal duty to look after our path network; we support the parish network of Local Footpath Secretaries, organising training days and providing back-up for when they come across major problems; we promote the creation of new links in the path network; we promote the RA with press releases and publicity posters; we intervene when major new housing or road developments are planned so as to ensure the provision of safe access to the countryside; we support the Local Groups by providing a forum for discussing issues of common interest; all this needs its own internal support mechanisms of administration and finance.

If the person whose arm you are twisting feels daunted about the idea of taking on a particular office for the year, persuade them instead to offer to become an assistant to one of the existing officers. That way they can do as much as they feel capable of, they can learn what it's all about, and then be in a good position to decide next year whether to do a bit more or not.

You've plenty of time before the proceedings start this afternoon, or in the tea-break, or on your next walk, so for the sake of all walkers in Sussex,

GET TWISTING!