

ACCESSIBLE RAMBLES IN SUSSEX Sussex Generally

last revised 21/05/2010



Please read the introduction before reading this section.

SUSSEX GENERALLY- THE SOUTH DOWNS WAY

The South Downs Way is the longest continuous bridleway in the country. It runs from Eastbourne to Winchester. 130 kilometres of the way are in Sussex., running mainly on the northern edge of the downs. At the east end there are two alternative routes. The southern option is a footpath only, but the northern option is a bridleway. This means that there are 130 kilometres without stiles. Particular care is taken to keep the way in good condition. I'm told the whole route has been done in a tramper buggy.

This means that any route on the way is worth looking at and we include quite a few options in this guide. But bear in mind that the way can fall steeply into valleys and climb steeply out of them. You can find more details of the South Downs Way at <http://www.nationaltrail.co.uk/southdowns/> Or ring 01243 558716

SHORT ROUTES

Other short accessible routes can be found at <http://www.visitsouthdowns.com/rte.asp?id=89>

Sussex Wildlife Trust sites have accessible trails. <http://www.sussexwt.org.uk/index.htm>

WEST SUSSEX GENERALLY

GUIDE TO ACCESSIBLE RAMBLES

Researched: 28/12/09

Summary: This is a link to set of rambles in West Sussex created by Jenifer Fox and published by West Sussex County Council. Mostly 1-3 miles. Being revised at the time of research.

More details:

http://www.westsussex.gov.uk/leisureandtourism/prow/pdfs/Wheelchair_Walks_in_WS.pdf or or write to the Rights of Way team, West Sussex County Council, County Hall, West St. Chichester, West Sussex PO19 1RQ. At the beginning of 2010 no printed version was available

Grade: 1

DOWNSLINK

Researched: 28/12/09

Summary: This is a long distance linear path based on two old railways. Less work has been done on the surface than on some other railway paths so you may find yourself travelling muddy paths in bad weather. The most notable hazard is at Baynards, just over the Surrey border, where the route diverts steeply to avoid a tunnel. This section may be best avoided. The section from Bramley to Guildford is not on the old railway line and has steep sections. Other known hazards

include a kilometre or so on road just north of Christ's hospital (soon to be replaced), about 60ft of 1 in 6 at Henfield at TQ204162, a (fairly quiet) road section east of Steyning and some rough paths around the bridge over the Adur north of Shoreham (that may now have been replaced).

Public Transport: Railway stations at Shoreham, Christ's Hospital and Guildford. For buses see: <http://www.westsussex.gov.uk/ccm/navigation/roads-and-transport/public-transport/>

Car parking: At various points

Accessible toilet: not yet researched

Refreshments: At various points

Grade: 1, with short stretches of 2 plus some issues noted above.

Length: 59 Kilometres, of which about 40 kilometres are in Sussex

The picture shows a typical downlink surface

The copyright on this image is owned by **Colin Smith** and is licensed for reuse under the [Creative Commons](https://creativecommons.org/licenses/by-sa/2.0/) Attribution-ShareAlike 2.0 license



More details:

http://www2.westsussex.gov.uk/leisureandtourism/prow/pdfs/downs_link_information_web.pdf

http://www2.westsussex.gov.uk/leisureandtourism/prow/pdfs/downs_link_map_web.pdf

or write to the Rights of Way team, West Sussex County Council, County Hall, West St. Chichester, West Sussex PO19 1RQ